

# Fleet and Family Support Center Mayport

## FEBRUARY 2026 SCHEDULE

**SECURE YOUR SPOT IN ANY OF OUR UPCOMING CLASSES BY CALLING THE FLEET AND FAMILY SUPPORT CENTER AT 904-270-6600 (X1700/1701).**

### Personal Financial Management (PFM)

#### Workshops

- Developing Your Spending - 09 FEB - 1000 - 1100
- Home Buying - 17 FEB - 1630 - 1800
- TRICARE in Retirement - 19 FEB - 0900 - 1000
- Survivor Benefit Plan - 19 FEB - 1000 - 1100
- **VIRTUAL** - TRICARE in Retirement - 19 FEB - 1300 - 1400
- **VIRTUAL** - Survivor Benefit Plan - 19 FEB - 1400 - 1515

### Transition Assistance Program (TAP)

#### Workshops & Classes

- Retiree Workshop - 02 - 04 FEB - 0800 - 1600
- My Employment Workshop - 05 - 06 FEB - 0800 - 1600
- Separation Workshop - 23 - 25 FEB - 0800 - 1600
- My Education Workshop - 26 - 27 FEB - 0800 - 1600
- CAPSTONE - 19 FEB - 0800 - 1200

\*\*\*If you are interested in any of the TAP workshops scheduled for 2026, you must contact your career counselor for registration.\*\*\*

### Family Employment Readiness Program (FERP)

#### Workshops

- Fundamentals of LinkedIn - 10 FEB - 1030 - 1200
- Federal Hiring: The Resume Deep Dive - 17 FEB - 1030 - 1200
- Job Strategies at CAPSTONE - 19 FEB - 1030 - 1200

### Command Trainings

- Commander's Toolkit Brief (SAPR/IPPW/FAP/SAIL) - 17 FEB - 1300 - 1500
- SAPR 40HR Victim Advocate Initial Training - 09 - 13 FEB - 0800 - 1600
- SAPR Administrative Victim Advocate Training - 18 FEB - 0800 - 1000
- Ombudsman Basic Training - In Person - 23 - 27 FEB - 1730 - 2100

### New Parent Support (NPS)

- Little Ones Park Playgroup - 12 FEB & 26 FEB - 0900 - 1100
- Playground and Picnic Playgroup - 14 FEB - 1000 - 1200

### Support Groups

- Deployment Support Group - 02 FEB & 16 FEB - 1800 - 2000
- EFMP Support Group - 10 FEB - 1500 - 1600

## Switching **GEARS**

REGULATING THOUGHTS, FEELINGS, AND BEHAVIORS

WEEKLY TUESDAY MEETINGS: 1400 - 1530  
(9-WEEK SESSION)

Join us to learn effective techniques for cultivating a positive mindset, managing stress, and enhancing your resilience. This supportive group will help you develop healthier ways to respond to life's ups and downs.



Facebook:



CONTACT US FOR REGISTRATION OR MORE INFORMATION ABOUT THESE EVENTS

(904) 270 - 6600 X 1700/1701

HOURS OF OPERATION:  
M-TH: 0730 - 1600 F: 0730 - 1500

Instagram:



**FFSC Virtual Clinical Counseling**  
**CONNECT to GET CARE**

The Fleet and Family Support Center (FFSC) now provides in-person and virtual clinical counseling!

**To schedule an appointment, call 1-855-205-6749.**

If calling outside of regular business hours, leave a message. Your call will be returned within one business day.

The Center  
www.ffsp.navy.mil

# Fleet and Family Support Center Mayport

## FEBRUARY 2026 SCHEDULE

### Tricare in Retirement/SBP - 19 FEB - 0900 - 1100 VIRTUAL - 1300 - 1515

Understand the process of enrolling in TRICARE retiree health plan and ensure there is no gap in coverage. Pros/Cons of the Survivor Benefit Plan will be discussed.

### Home Buying - 17 FEB - 1630 - 1800

Get the latest information on purchasing a home or refresh your skills for your next home purchase.

### **Transition Assistance Program (TAP)**

The classes are designed for military personnel who are within 24 months of retiring or 90-180 days of separating from completion of military services. It helps Service Members understand the overall transition program, the requirements to meet Career Readiness Standards, and to identify common issues Service Members and their families experience during the transition process.

**\*Contact your Career Counselor to verify qualifications and for registration.\***

- Retiree Workshop - 02 - 04 FEB - 0800 - 1600
- My Employment Workshop - 05 - 06 FEB - 0800 - 1600
- Separation Workshop - 23 - 25 FEB - 0800 - 1600
- My Education Workshop - 26 - 27 FEB - 0800 - 1600
- CAPSTONE - 19 FEB - 0800 - 1200

### **Switching Gears: Regulating Thoughts, Feelings, and Behaviors** **Every Tuesday - 1400 - 1530**

Join us to learn effective techniques for cultivating a positive mindset, managing stress, and enhancing your resilience. This supportive group will help you develop healthier ways to respond to life's ups and downs.

### **EFMP Support Group - 10 FEB - 1500 - 1600**

Comfortable environment to share resources and experiences with other special needs families. General information provided about the program and its benefits.

### **Deployment Support Group - 02 FEB & 16 FEB - 1800 - 2000**

Coming together to talk about how we can help each other: before, during, and after deployment.

### **Fundamentals of LinkedIn - 10 FEB - 1030 - 1200**

This course helps you create your own strategies and implement tactics to grow your network, improve individual relations and share your brand appropriately.

### **Federal Hiring: The Resume Deep Dive - 17 FEB - 1030 - 1200**

Learn how to structure a federal resume, tailor your qualifications to specific job announcements, decode assessment questionnaires, and use USAJOBS filters effectively to find the right opportunities.

### **Job Strategies at CAPSTONE - 19 FEB - 1030 - 1200**

You will work with an employment specialist on customized resume review, relieving transition worries, realigning skills for future success, and connecting directly with hiring employees.

### **Little Ones Park Play Group - 12 FEB & 26 FEB - 0900 - 1100**

Come out, play, and meet other parents and kiddos during this play group hosted by New Parent Support.

### **Playground and Picnic Play Group - 14 FEB - 1000 - 1200**

Come out, play, and have a picnic with us at the new Riverfront Plaza playground!

2 W Independent Drive Jacksonville FL 32202

### **SAPR/IPPW/FAP/SAIL CO's Toolkit - 17 FEB - 1300 - 1500**

This training fulfills command leadership's training requirements per OPNAVINST 1752.1C and 1752.2C to be completed within the first 30/90 days of command check-in. This training is focused on the CO's Toolkit for SAPR, IPPW, FAP, and SAIL.

### **SAPR Victim Advocate Initial Training - 09 - 13 FEB - 0730 - 1600**

This training covers reporting options, confidentiality, and the medical and legal roadmap for victims. Check your qualifications to participate and become a uniformed SAPR Victim Advocate.

### **SAPR Administrative Victim Advocate Training - 19 FEB - 0900 - 1100**

This two-hour course assists SAPR command-level designees in overseeing compliance with SAPR program policy onboard their units by providing guidance on roles and responsibilities, victim support services, reporting requirements, and awareness and prevention training.

### **Ombudsman Basic Training - 23 - 27 FEB - 1730 - 2100**

Covers the Navy's Family Ombudsman Program and the skills needed to do the job, and is a requirement for all appointed ombudsmen.

**CONTACT US FOR REGISTRATION OR MORE INFORMATION ABOUT THIS SCHEDULE**

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